

WHY REHABILITATE MY DOG?

Recovery from injury or surgery can be a difficult time for many of our canine patients. Canine rehabilitation, like physical therapy for people, can decrease our dog's recovery time, increase range of motion and strength, and decrease pain.

Rehabilitation can include different modalities of therapy. The most common modalities include manual therapy, ultrasound, phonophoresis, cold laser, dry needling, home exercise programs and underwater treadmill therapy.

Geriatric patients can also benefit from rehabilitation. Arthritis, lumbosacral disease, hip dysplasia, neurological disease, such as degenerative myelopathy, are typical geriatric canine disorders that may improve with therapy. Rehabilitation modalities can help these patients increase their activity, decrease pain and increase longevity and quality of life.

OUR LOCATIONS

ANNAPOLIS

*Located within Chesapeake Veterinary Referral Center
808 Bestgate Road
Annapolis, Maryland 21401
Tel 410.224.0121 (option 3) • Fax 410.224.3988

TOWSON

*Located within Chesapeake Veterinary Referral Center
1209 Cromwell Bridge Road
Towson, Maryland 21286
Tel 410.828.0911 • Fax 410.828.1074

COLUMBIA

*Located within Chesapeake Veterinary Referral Center
10000 Old Columbia Road, Ste. E
Columbia, Maryland 21046
Tel 410.441.3304 (option 3) • Fax 410.423.2288

Call to schedule a consultation appointment after discussing a referral with your veterinarian.

Monday - Friday / 8:30 a.m. - 6:00 p.m.

Payment Options

Cash, Personal Checks, all major Credit Cards


CHESAPEAKE VETERINARY
SURGICAL SPECIALISTS
www.cvssvets.com



Rehabilitation for my DOG

Rehabilitation offered at
all three locations:

Annapolis: 808 Bestgate Rd.

Columbia: 10000 Old Columbia Rd.

Towson: 1209 Cromwell Bridge Rd.


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SURGICAL SPECIALISTS
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COLD LASER THERAPY

Cold laser is light energy used to stimulate healing and reduce pain.

Indications are

extensive and can include tendon injury and healing, tendonitis, fasciitis, muscle strain, muscle spasm, muscle contracture and bursitis.

PHONOPHORESIS

Phonophoresis is the use of ultrasound with a medicated gel to provide local pain and inflammation relief. The ultrasound helps increase penetration of the medication within the gel. Typical medications used in the gel include lidocaine, dexamethasone and hydrocortisone. Indications include muscle strains, tendonitis, adductor pathology and focal inflammation



ULTRASOUND THERAPY

Ultrasound is used therapeutically to encourage healing and increase mobility. Indications for using ultrasound include muscle strain, spasm and contracture, ligament sprain and tendonitis.

DRY NEEDLING

Dry needling is a therapy often used in people that is relatively new to the canine patient. Small needles, similar to acupuncture needles, are inserted directly into chronic painful triggerpoints to resolve the tissue tension.



Underwater Treadmill

HYDROTHERAPY

Hydrotherapy uses buoyancy, resistance and the hydrostatic properties of water to facilitate range of motion in affected limbs. Options for hydrotherapy include underwater treadmill (UWTM) and/or swimming. The UWTM sessions start with 5 minute sessions and progress to 20 minute sessions. Swimming starts with 5 minute sessions and progresses to 15 minute sessions.

CANINE REHABILITATION AT CHESAPEAKE VETERINARY SURGICAL SPECIALISTS

Rehabilitation can be a very important part of your pet's recovery from injury and surgery. For optimal recovery, rehabilitation exercises are important in the post operative period to regain range of motion and muscle. Our Canine Rehabilitation program is staffed with certified therapists and certified rehabilitation assistants.

The first rehabilitation visit involves a full assessment of your dog's abilities with multiple muscle and joint measurements. These measurements are used to assess muscle atrophy and range of motion of the joints. Several measurements are taken for future comparison.

The initial appointment lasts 60-90 minutes. A treatment plan will be made at this visit that may include cold laser therapy, ultrasound therapy, phonophoresis, dry needling or neuromuscular stimulation (NMES). Hydrotherapy will be discussed and a home exercise program will be developed.

